

Be a Help-O-Saurus

Materials

Chart paper with “Help-O-Saurus” printed at the top
Markers

What to do

1. Explain to the children that they are going to look for people (“dinosaurs”) that are helpful to others. Tell them that they will call a helpful person a “Help-O-Saurus.”
2. Demonstrate this idea by pointing out when someone is being helpful to another. By the end of the week, children will be able to find people being a Help-O-Saurus.
3. Use a chart to write down the names of the helpers, who they helped, and how they were a Help-O-Saurus.

More to do

The children can state when they have been helpful to someone or someone has helped them. Make paper dinosaurs and tell the children to bring one to an adult whenever someone helps them. This way, an adult can record the event immediately before it is forgotten. Review the helpful events at the end of the day. Send home the dinosaur helper paper with the Help-O-Saurus.

Related books

If the Dinosaurs Came Back by Bernard Most
Magic School Bus in the Time of the Dinosaurs by Joanne Cole

 Sandra Nagel, White Lake, MI

My Turn Next!

Materials

Index cards
Markers

What to do

1. Sharing is hard for everyone, but we do expect four-year-olds to share as part of their social development.
2. On an index card, write "My Turn Next."
3. Explain to the children that if they are waiting for a desired toy or activity, they can hold the card. Then, when the child who is using the toy or playing in the center is done, the child with the card gets the next turn. She can give the card to another child. For example, three children can play at the water table. But if a fourth child really wants to join, you can restate the rule that only three can play, but offer her the "My Turn Next" card.
4. Depending on the situation and child, you can wait for the natural time to trade, or set a bell.

Related books

One of Each by Maryann Hoberman
Pumpkin Soup by Helen Cooper
The Rainbow Fish by Marcus Pfister
We Share Everything by Robert Munsch

Song

"The More We Get Together"

 Traci O'Hara, Charlotte, NC

Happy/Sad Puppets

Materials

Paper plates
Stapler
Markers
Collage materials and glue

What to do

1. Staple two paper plates together, leaving enough space for a child's hand to slip between the two plates.
2. On one side of the plate, children can draw or use collage materials to make a happy face. On the other side, they can draw a sad face (or any emotion).