

Colored Applesauce

Materials

applesauce
¼ teaspoon measuring spoon
gelatin mix
paper cups
plastic spoons
serving spoon

What to do

1. Ask children to wash their hands.
2. Arrange the ingredients and utensils on a table.
3. Invite the children, in turn, to create their own snack. Each child puts applesauce in her cup, adds ¼ teaspoon of gelatin mix, and stirs with a plastic spoon.
4. This makes a colorful snack time treat. For holiday fun, use cherry gelatin for Valentine's Day or lime gelatin for St. Patrick's Day.

Related book *Color Dance* by Ann Jonas

 Jackie Wright, Enid, OK

Cook-A-Doodle-Doo!

Materials

Cook-A-Doodle-Doo by Susan Stevens Crummel and Janet Stevens
paper and markers
strawberries
plastic knives
all-purpose baking mix (such as Bisquick)
butter
milk
sugar
whipping cream
vanilla
measuring cups and spoons
mixing bowl and mixing spoon
oven (adult only)

What to do

1. Before reading *Cook-A-Doodle-Do* to the children, show them the front cover and ask them individually how they think strawberry shortcake is made. Write down what each child tells you (in her own words) on a piece of paper. Ask the children to draw a picture of the strawberry shortcake on the paper.
2. After the children are finished, read the book. It is a wonderful and humorous book about teamwork and cooperation that will help children learn about the cooking process and cooking terms.
3. After reading the story, make strawberry shortcake with the children. Make sure to break up the recipe depending on how many children are in the class so that each child has a job. If desired, take a picture of each child doing each step in the recipe.
4. Remove stems from strawberries and cut into thin slices using plastic knives. Put the slices in a large bowl, mix in 1 tablespoon of sugar, and set aside.
5. Make biscuits according to the directions on the package of all-purpose baking mix. Add butter, milk, and sugar. Bake according to package directions.
6. Mash strawberries lightly.
7. Add a couple of drops of vanilla and one teaspoon of sugar to whipping cream and beat together.
8. When the biscuits have cooled, break up the biscuits into pieces in a bowl. Add strawberries and whipped cream. Enjoy!
9. Make a great bulletin board display for this activity by including the pictures of the children cooking, along with their own illustrated pictures and words on how to make strawberry shortcake. Make sure to include a group picture with the book and the finished cake.

 Gail Morris, Kemah, TX

Cookie Craze

Materials

ingredients for three favorite cookie recipes
cookie cutters
flour
rolling pins
sprinkles
baking sheets
oven
large poster board
markers