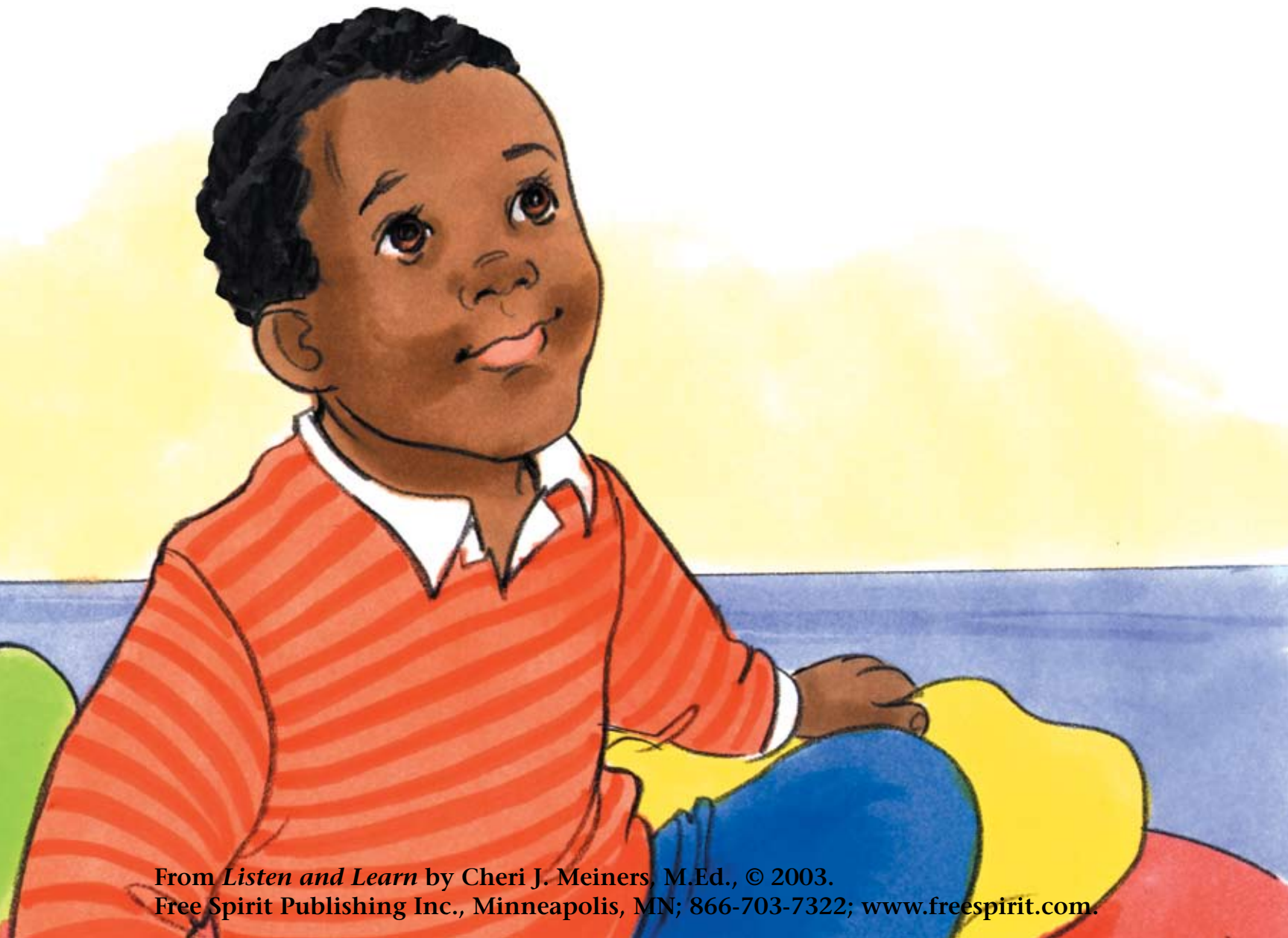


When I listen,  
I use my body, my eyes, and my ears.



I stay quiet. When my mouth and body are quiet, everyone can hear.



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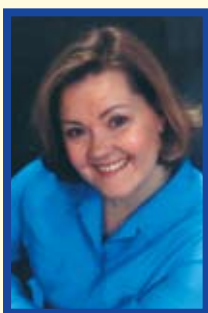
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**Cheri J. Meiners, M.Ed.**, has her master's degree in elementary education and gifted education. A former first-grade teacher, she has taught education classes at Utah State University and has supervised student teachers. Cheri and her husband, David, have six children.

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