

## “They Don’t Act Like That at Home” Reflection Worksheet

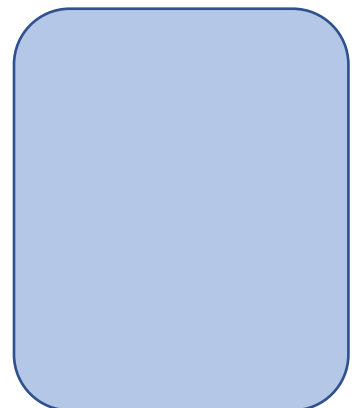
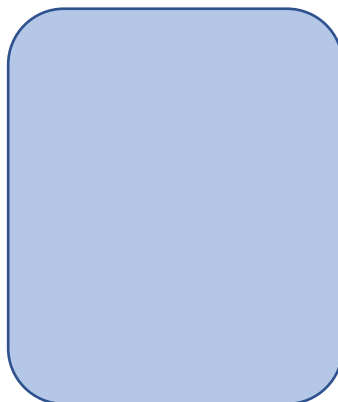
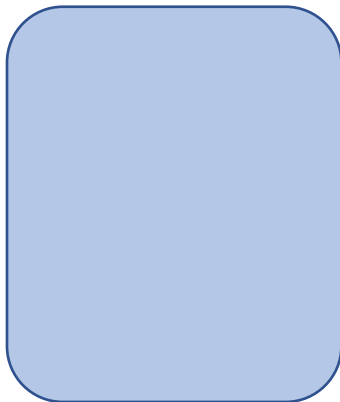
It can be puzzling and even frustrating when you run across a student who “doesn’t act like that at home.” However, in terms of child development research, you might be surprised to find it is normal for students to behave differently in different settings based on the quality of their relationships and levels of support in their environment.

Until children master self-regulation, they are still learning how to maintain their internal emotions despite what is happening in the external environment. To gain a meaningful understanding of a student’s behavior, you need a meaningful understanding of all the adults in a child’s life and the context in which behaviors occur. Like a tandem bike, you cannot maneuver one without affecting the other.

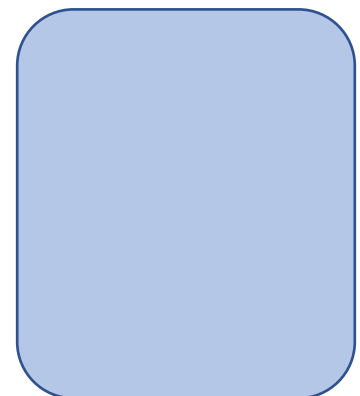
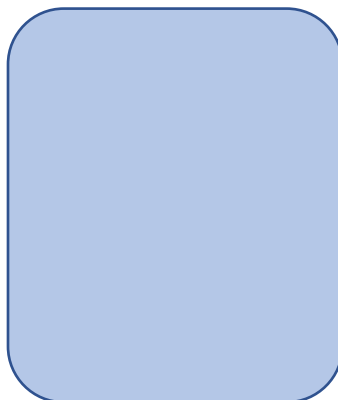
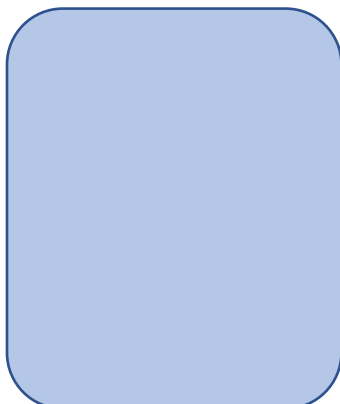
Chapter 4 of *Push Past It! A Positive Approach to Challenging Classroom Behaviors* outlines the importance of adults in helping children navigate different settings. Discrepancies between home and school situational demands, rules, and schedules are to be expected. It is culturally responsive and realistic for environments to differ from one another. Consistency is important but could potentially be harmful if caregivers expect all of a child’s environments to be the same.

### Directions:

**In the spaces below, write down the differences in environments.**



**In the spaces below, write down the similarities in environments.**



*Ethnocentrism* describes a cultural bias that involves thinking our own way of living is the only correct way. Caregivers must be cautious not to impose the values of the dominant culture on under-represented groups. It is important to honor all types of families and ways of caregiving. What is suitable for one environment may not work in another setting. This worksheet honors those potential limitations and cultural variations that make each environment unique. The sections below provide space for problem solving and support conversations that identify what is feasible in each setting. Reflect on the differences and similarities from the previous page, and work with families to think about what supports best suit each environment.

<b>Suitable Supports in Environment 1</b>

<b>Suitable Supports in Environment 2</b>


<b>Suitable Supports in Environment 3</b>